

Prairie Hawk Summer Swim & Dive Camp 2026



We are excited to start our very own Prairie swim camp! Check out the options carefully and reach out to Coach Sadecky or Coach Bunn if you have any questions. tsadecky@crprairie.org
hbunn@crprairie.org

Please be sure to register by June 7 to receive a camp t-shirt.

Competitive Swim Camp	Developmental Swim Camp
<p>What: Improve your competitive swimming techniques, work on your endurance, strengthen your core, and just get moving this summer! We will focus on drill work and building our endurance!</p>	<p>What: Review your swim lesson skills and prepare to join a swim team.</p>
<p>Who: Anyone entering 7th-12th grades and must be able to swim 50 yards of freestyle without stopping.</p>	<p>Who: Anyone ages 10-17 who is interested in improving their swimming skills but aren't quite ready for swim team. Swimmers must be able to swim 25 yards freestyle comfortably without stopping.</p>
<p>When: 7:00-8:45am M-Th</p> <p>Session 1 June 15-18 and June 22-25 (\$56) Session 2 July 13-16 and July 20-23 (\$56)</p> <p>*Located at the HGN YMCA since our PSYMCA is not complete*</p>	<p>When: 8:45-9:15am M-Th</p> <p>Session 1 June 15-18 and June 22-25 (\$32) Session 2 July 13-16 and July 20-23 (\$32)</p> <p>*Located at the HGN YMCA since our PSYMCA is not complete*</p>
<p>Extra: June 19 AND July 17 Open Swim 7:00-8:00am No Cost (Grades 9-12 only) Spread the word! Bring a friend that is on the fence about joining swim team. Swim with them on your own or coaching lanes will be available! "Try swim team out for free"! Help build our program!!!! Swimming is a great multisport conditioning sport as well! This is not a play time!</p>	
<p>What to bring: Cap, goggles, suit, towel, goggles, water bottle (no glass)</p>	<p>What to bring: Swim suit, towel, water bottle (no glass), goggles.</p>