



Plan costs	HDHP Value	HMO Core	PPO Core	PPO Choice	
Network/coverage	Blue POS <sup>™</sup> /Nationwide	Blue HMO <sup>™</sup> /Iowa only	Blue PPO <sup>™</sup> /Nationwide	Blue PPO/Nationwide	
	In network: Single \$5,000 Family \$10,000				
Annual deductible	Out of network: Single \$10,000 Family \$20,000	Single \$3,000 Family \$6,000	Single \$2,000 Family \$4,000	Single \$1,250 Family \$2,500	
	Medical and pharmacy deductibles are combined into one amount.				
Out-of-pocket maximum (OPM): Medical	In network: Single \$5,000 Family \$10,000	Single \$6,000	Single \$4,000	Single \$3,500	
	Out of network: Single \$20,000 Family \$40,000	Family \$12,000	Family \$8,000	Family \$7,000	
	Medical and pharmacy OPMs are combined into one amount.	Medical and pharmacy OPMs are two separate amounts. See page 7 for pharmacy OPM.			
Qualifies you to open a health savings account (HSA)	Yes	No	No	No	

**IMPORTANT:** Members enrolled in the HDHP Value or HMO Core plans must select a primary care provider (PCP). If you don't choose a PCP, one will be assigned to you (based on your recent visit history and/or proximity to the home address Wellmark has on file for you). You'll be notified via mail when this auto assignment occurs.

"Do I have to meet my full deductible before my plan pays?"

On the HDHP Value plan ...

You'll pay nothing for in-network **ACA** preventive care. For all other types of care, you'll owe the full cost until you reach your deductible, which is also your annual out-of-pocket maximum.

# On the HMO Core and PPO plans ...

If you stay in network, you won't have to meet your deductible for many common health care services. You'll pay nothing for **ACA preventive care** and for Doctor on Demand® by Included Health® visits, and you'll only owe a copay for:

- Office visits
- Telehealth appointments
- Chiropractic care

However, you will have to meet your deductible before your plan pays benefits for:

- Emergency room care
- Inpatient or outpatient hospital care
- · Skilled nursing care
- Home health care or medical equipment

To learn more, see the charts on the following pages.



# **Understanding the HDHP Value plan**

The HDHP Value plan is a high-deductible health plan that provides coverage both in Iowa and nationwide. Here are some additional features of the HDHP Value plan:

## Low premium; high deductible

You'll pay the full cost for care until you meet your deductible, except with **ACA preventive care**, which is 100% covered.

#### Out-of-network-coverage

Out-of-network care is covered, but you'll pay the highest out-of-pocket cost — and you may be balance billed, or charged for the difference between your bill amount and what insurance covers, if you receive care from a non-partcipating provider.

#### **Unique OPM**

On this plan, the in-network deductible is the same as your out-of-pocket maximum. That means, once you reach your deductible, your plan pays 100% of your covered costs.

## Qualifies you to open an HSA

A health savings account (HSA) has triple-tax advantages. You can use your account to pay for care now, to save for more expensive procedures later, or even to supplement your retirement.

#### What's an HSA?

To compensate for the higher deductible, MIIP members who elect the HDHP Value plan may be eligible to open and contribute to this unique savings account. (See some of the top benefits listed to the right.)

High-deductible health plans are not for everyone. But if you are willing to plan ahead, track your spending and pay more up front for care, the HDHP Value plan may be a good choice that helps you save long term.

# "Why should I get an HSA?"

There are many reasons someone may choose to open an HSA — here's the top four most popular benefits:

- With an HSA, you can set aside money to pay for qualified medical, prescription, dental and vision care expenses.
- 2. Your employer may contribute to your HSA.
- 3. Your personal contributions are made pre-tax, you'll enjoy tax-free interest and investment earnings, and you won't be taxed when you use the funds for qualified purchases.
- 4. Your HSA rolls over each year. It's yours to keep, even if you change jobs or retire.

#### Remember!

Members enrolled in the HDHP Value plan must select a primary care provider (PCP), which can be done easily through myWellmark®.

# Where you can get care

#### **PLAN**

#### **HDHP Value**

# COVERAGE

"Did you know?"

account you can select

a primary care provider,

shop for affordable care.

To register or login, visit

myWellmark.com.

stay up to date with claims

With a myWellmark

status, and more.

#### Iowa & Nationwide

In-network care is covered within lowa and some surrounding counties. Out-of-network care in lowa and nationwide is also covered but you will pay higher out-of-pocket costs. Emergency care is also covered nationwide.

Dependent children in college, long-term travelers, and families living apart may be covered through guest memberships. Call the customer service number on the back of your Wellmark ID for more information.

## **NETWORK**

#### **Blue POS network**

You are required to designate a primary care physician.

You may see any provider in the Blue POS network. No referrals are required.

Both in-network and out-of-network care are covered; however, you will pay higher out-of-pocket costs for out-of-network care.

#### **HMO** Core



# Iowa only

In-network care is covered within Iowa and some surrounding counties. Emergency care is covered out of state. For non-emergency care out of state, only Doctor On Demand is covered.

Dependent children in college, long-term travelers, and families living apart may be covered through guest memberships. Call the customer service number on the back of your Wellmark ID for more information.

#### Blue HMO network

You are required to designate a primary care physician.

You may see any provider in the Blue HMO network. No referrals are required.

If you go out of network, your care will not be covered, and you will pay for the full cost of your care.

## **PPO Core or PPO Choice**



## Worldwide

Care is covered at in-network and out-of-network providers in lowa, as well as nationwide, and around the world.

If you need care when traveling and you receive services from a physician or hospital designated as a BlueCard® PPO provider, you will be covered by benefits based on the local Blue plan's negotiated rates.

#### **Blue PPO network**

You are not required to designate a primary care physician.

You may see any provider you choose. No referrals are required.

You will pay less out of pocket if you go to an in-network Wellmark Blue PPO provider.

To locate an in-network provider, go to **Wellmark.com/Finder**.



# "What is covered?"

# **ACA** preventive care

Routine and diagnostic care including: annual physical, annual ob-gyn exam, pap smear, well-child care up to age 7, immunizations, mammogram, breast imaging ultrasound, sigmoidoscopy, colonoscopy and PSA tests.

# **Emergency room**

In an emergency situation, if you cannot reasonably reach an in-network provider, covered services will be reimbursed as though they were received from an in-network provider.

To locate in-network providers near you, vist <u>wellmark.com/finder</u>. Click find a provider and type in your plan's prefix when prompted.

PPO: RDP; HMO/POS: XQW

# **Cost share details**

	HDHP Value HMO Core		PPO Core		PPO Choice				
Network/	Blue POS/Nationwide		Blue HMC	Blue HMO/lowa only		Blue PPO/Nationwide		Blue PPO/Nationwide	
coverage	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	
Preventive care	No cost to you	cost to you	No cost to you	Not covered	No cost to you	Deductible then 40% coinsurance	No cost to you	Deductible then 30% coinsurance	
Office care			\$35 PCP; \$50 all other	Not covered	\$35 copay		\$25 copay		
Doctor On Demand*				No cost to you					
Telehealth*			\$35 copay		\$35 copay		\$25 copay		
Independent lab and X-ray	Independent You pay the full declarated applies	otiated cost applies, then 25%			20% coinsurance		20% coinsurance		
•		coinsurance.		Not covered	\$35 copay	Deductible then	\$25 copay	Deductible then	
			Deductible then Deductible then Deductible then Deductible	Deductible then	30% coinsurance				
outpatient							20% coinsurance		

<sup>\*</sup>For prescriptions, member cost share applies.

# Cost share details, continued

	HDHP Value		НМО	Core	PPO Core		PPO Choice	
Network/ Blue P		Nationwide	Blue HMO/Iowa only		Blue PPO/Nationwide		Blue PPO/Nationwide	
coverage	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK	IN NETWORK	OUT OF NETWORK
Maternity		gotiated cost care until you ave met your	Deductible then 25% coinsurance  Routine prenatal and postnatal office visits for the mother's care are		Deductible then 20% coinsurance	Deductible then 40% coinsurance	Deductible then 20% coinsurance	Deductible then 30% coinsurance
Allergy services, in-office Includes shots, testing and serum.			100% covered. \$35 copay		\$35 copay	Deductible then 40% coinsurance	\$25 copay	Deductible then 30% coinsurance
Infertility			Office visit: \$35/\$50 copay		Office visit: \$35 copay	Deductible then 40% coinsurance	Office visit: \$25 copay	Deductible then 30% coinsurance
Covers transfer procedures only, up to a \$15,000 lifetime maximum.  You pay the full	. ,		Outpatient/ inpatient care: Deductible then 25% coinsurance	Not covered	Outpatient/ inpatient care: Deductible then 20% coinsurance		Outpatient/ inpatient care: Deductible then 20% coinsurance	
	for care until you have met your deductible/OPM.		Doctor On Demand visits: No cost to you		Doctor On Demand visits: No cost to you	Telehealth visits,	Doctor On Demand visits: No cost to you	Telehealth visits,
Mental health & chemical dependency care		Office/telehealth visits: \$35 copay		Office/telehealth visits: \$35 copay	office visits, outpatient and inpatient care: Deductible then 40% coinsurance	Office/telehealth visits: \$25 copay	office visits, outpatient and inpatient care: Deductible then 30% coinsurance	
		Outpatient/ inpatient care: Deductible then 25% coinsurance		Outpatient/ inpatient care: Deductible then 20% coinsurance		Outpatient/ inpatient care: Deductible then 20% coinsurance		
Skilled nursing			Deductible then 25% coinsurance	_	Deductible then 20% coinsurance	Deductible then 40% coinsurance	Deductible then 20% coinsurance	Deductible then 30% coinsurance
Vision One annual routine vision exam at an in-network eye doctor.			\$35 copay		Not a covered benefit			
Other covered services*					Deductible then 20% coinsurance	Deductible then 40% coinsurance	Deductible then 20% coinsurance	Deductible then 30% coinsurance

<sup>\*</sup>Home health visit, home infusion therapy, private duty nursing (precertification required); home/durable medical equipment, oxygen and equipment.

# **Prescription drug coverage**

		HDHP Value	HMO Core	PPO Core	PPO Choice		
Network/coverage		Blue POS/ Nationwide	Blue HMO/ lowa only	Blue PPO/ Nationwide	Blue PPO/ Nationwide		
		Blue Rx Complete <sup>sм</sup>					
	Tier 1		\$10		\$10		
	Tier 2	You pay the full negotiated cost until	\$50		\$40		
Drug costs	Tier 3	you have met your deductible/OPM.	\$100		\$70		
	Tier 4	adductiolog of this	\$1	50	\$100		
Specialty drugs	Preferred biosimilar/ generic	You pay the full negotiated cost until	\$2	25	\$25		
	Preferred	you have met your deductible/OPM.	\$75		\$50		
	Non-preferred	addatible/ of Wi	\$250		\$200		
Out-of-pocket maximum (OPM): Pharmacy		See <u>page 2</u> for OPM.  Medical and	Single: \$3,000 Family: \$6,000		Single: \$2,600 Family: \$5,200		
		pharmacy OPMs are combined into one amount.	Medical and pharmacy OPMs are two separate amounts. See <b>page 2</b> for medical OPM.				
	Retail: Tier 1	Up to a 90-day supply (deductible)	Up to	pays)			
Quantity limits	Retail: Tiers 2, 3 & 4	Up to a 30-day supply (deductible)	Up to a 30-day supply (1 cop		pay)		
	Mail order: all medications	Up to a 90-day supply (deductible)	Up to a 90-day supply (2 cop		pays)		
Product selection	penalty rule		- '	generic is available, you the generic drug and th			

Use the CVS Caremark® member portal and app to access savings and manage your pharmacy benefits.

Register and link to the free mobile app at **Caremark.com/Mobile**.

# "What is the difference between tiers?"

Your drug's tier determines how much you'll pay at the pharmacy. The lower the tier, the more affordable your prescription.

# Tier 1: Most affordable drugs

Includes most generics and select name-brand drugs.

## Tier 2: Preferred drugs

Drugs that are proven to be effective and favorably priced compared to other drugs that treat the same condition.

## Tier 3: Non-preferred drugs

Drugs that have not been found to be any more effective than available generics or preferred brands.

## Tier 4: Limited-value drugs

Combination products, lifestyle drugs or drugs with more cost-effective options available on lower tiers.

# "What is a specialty drug?"

Specialty drugs are high-cost medications for complex conditions that require special handling. You may only fill prescriptions for specialty drugs at CVS Specialty® Pharmacies. Learn more and locate a pharmacy at **CVSspecialty.com**.

## "What's that mean?"

## In network/Out of network

In-network health care providers have contracted with Wellmark to accept discounted rates. Out-of-network providers have not agreed to the discounted rates. You will pay much less at in-network doctors, hospitals and pharmacies.

#### Premium

The amount taken from each paycheck to pay for your health insurance coverage.

#### **Deductible**

The amount you pay for some covered services before your plan begins to pay benefits.

#### Coinsurance

A percentage of the cost you pay each time you receive certain kinds of care.

## Copay

A flat dollar amount you pay each time you receive certain kinds of care. With MIIP coverage, services subject to copays are not subject to the deductible.

## **Out-of-pocket maximum (OPM)**

The most you will pay for covered services in a calendar year.

# **About this guide**

The benefits information presented in this book describes only the highlights of the plans and does not constitute official plan documents. Additional terms and conditions apply. If there are any discrepancies between the information contained herein and the official plan documents, the plan documents will govern.

Your health benefits are provided by the **Metro Interagency Insurance Program (MIIP)**, and administered by **Wellmark Blue Cross and Blue Shield**.

Wellmark Customer Service: 1-800-277-8380

#### Wellmark.com

This is a general description of coverage. It is not a statement of contract. Actual coverage is subject to terms and conditions specified in the certificate itself and enrollment regulations in force when the certificate becomes effective. Certain exclusions and limitations apply.

Wellmark complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Wellmark Blue Cross and Blue Shield of Iowa and Wellmark Health Plan of Iowa, Inc. are independent licensees of the Blue Cross and Blue Shield Association. Blue Cross®, Blue Shield®, BlueCard® and the Cross and Shield symbols are registered marks, and Wellmark Blue HMO®, Wellmark Blue POS®, Wellmark Blue PPOS® and Blue RX Complete® are service marks of the Blue Cross and Blue Shield Association of Independent Blue Cross and Blue Shield Plans. Wellmark® and myWellmark® are registered marks of Wellmark, Inc. Doctor On Demand® by Included Health® is a separate company providing an online telehealth solution for Wellmark members. Doctor On Demand® is a registered mark of Doctor On Demand, Inc. CVS Specialty® and CVS Caremark® are registered marks of CVS Pharmacy, Inc.

M-5022902 3/25