



Free Wrestling “Kickoff” Kids Clinic

Prairie Wrestling is prepared to Kickoff the 23-24 Season

When: Friday, October 13th, 5:30-7:00 PM

Where: Prairie High School - South Gym - Use Main Building Entrance

Who: Free to all PreK-8 students (boys & girls)

- This is an opportunity for ALL kids
 - ...kids that are trying wrestling for the first time
 - ...kids considering joining the Hammerin’ Hawks Wrestling Club
 - ...kids participating in HHWC
- Participants are not required to sign-up for HHWC

Sessions led by the HHWC, H.S. Girls Wrestling, and H.S. Boys Wrestling Coaching Staffs

What: Free, no registration...Simply show up

- Wear clothes suitable for activity (shorts, t-shirt)
- Wrestling shoes are not required. Simply wear your socks.
- **Enjoy the clinic then cheer on our PHS varsity football team vs. Bettendorf**

Why: Have Fun!

- A great opportunity to “try it out” if you are thinking of joining HHWC
- Reuniting with your HHWC teammates from last season
- Meet coaches, get to know the high school wrestlers, and have fun with other kids



TRADITION STARTS HERE

Any questions may be directed to the following email address: hammerinhawkswrestlingclub@gmail.com

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