




<p>One carton of milk is included with a meal. Additional cartons are \$0.50 each.</p> <p>This institution is an equal opportunity provider.</p>		<h2 style="text-align: center;">November 2023 Prairie K-4 Lunch Menu</h2>			
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Alt: Hawk Dunker w/wo Marinara	2 Alt: Crispy Chicken Sandwich OR Vegetarian Chicken Nuggets w/Breastick	3 Alt: Pretzel Dog OR Vegan Burger on a Bun	
		Mandarin Chicken, Rice, Broccoli, Carrots, Mandarin Oranges, Red Apples & Yo carmel dip, Graham Crackers, Milk	Eggoji Waffles, Sausage Links, Yogurt, Cucumber Moons, Celery Sticks, Fresh Pineapple Fruit Salad, Diced Pears, Milk	Cheese Pizza, Baby Carrots, Celery Sticks, Banana, Apple Juice Cup, Milk	
6	7 Alt: Sunbutter & Jelly, Yogurt, Goldfish Crackers	8 Alt: Hawk Dunker w/wo Marinara	9 Alt: Crispy Chicken Sandwich OR Vegetarian Nuggets w/Breastick	10 Alt: Pretzel Dog OR Vegan Burger on a Bun	
NO SCHOOL	(Papa Johns @ Heights) Popcorn Chicken, Roll, Ranch Wedges, Mixed Greens Salad, Red Apple Slices, Mixed Fruit, Milk	Lasagna, Mixed Vegetables, Baby Carrots, Pineapple, Orange Wheels, Milk	Hawkable: Turkey Stick, Cheese Cubes, Cheez-It Crackers, Red Pepper Strips, Celery Sticks, Mandarin Oranges, Banana, Milk	Pizza Crunchers, Baby Carrots, Cucumber Moons, Red Apple Slices, Grapes, Milk	
13 Alt: Quesadilla	14 Alt: Hawk Dunker w/wo Marinara	15 Alt: Hawk Dunker w/wo Marinara	16 Alt: Crispy Chicken Sandwich OR Vegetarian Nuggets w/Breastick	17 Alt: Pretzel Dog OR Vegan Burger on a Bun	
BYO Breakfast Sandwich- Eggoji Waffles, Egg, Cheese & Chicken Sausage, Broccoli, Baby Carrots, Slushie, Mandarin Oranges, Milk	Sliced Turkey, Stuffing, Mashed Potatoes & Gravy, Corn Pineapple Fruit Salad, Mandarin Oranges, Oreo Fluff, Milk	(Papa Johns @ Hill) Corn Dog, Baked Beans, Baby Carrots, Orange Wheels, Sour Strawberry Raisins, Milk	Chicken Bacon Ranch Pasta, Fresh Baked Roll, Pacific Blend Veggies, Baby Carrots, Pineapple, Green Apple Slices, Milk	Mike's Bites, Red Pepper Slices, Celery Sticks, Banana, Grapes, Milk	
20 Alt: Quesadilla	21 Alt: Sunbutter & Jelly, Yogurt, Goldfish Crackers	16	16	16	
Sloppy Joe on a Bun, Crinkle Cut Fries, Baked Beans, Mixed Fruit, Slushie, Milk	(Papa Johns @ Ridge & View) Spaghetti, Roasted Zucchini, Baby Carrots, Red Apple Slices, Sliced Peaches, Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL	
27 Alt: Quesadilla	28 Alt: Sunbutter & Jelly, Yogurt, Goldfish Crackers	29 Alt: Hawk Dunker w/wo Marinara	30 Alt: Crispy Chicken Sandwich OR Vegetarian Nuggets w/Breastick		
Crispy Pork Tenderloin, Fresh Baked Roll, Mashed Potatoes, Brown Gravy, Broccoli, Peach Slices, Diced Pears, Milk	(Papa Johns @ Crest) Beef & Cheese Nachos, Tortilla Chips, Baby Carrots, Salsa(Red Pepper Strips @ Crest), Corn, Lime Applesauce, Fresh Pears, Milk	Chicken Spaghetti, Tossed Salad, Roasted Cauliflower, Red Apple Slices, Diced Peaches, Milk	Ham and Turkey Sub Sandwich, Pasta Salad, Baked Beans, Cucumber Moons, Strawberries & Bananas, Pineapple, Milk		