

## Be aware of these potential bullying behaviors

- Teasing
- Name calling
- Insults
- Unkind comments
- Physical threats
- Comments about someone's body
- Staring that makes someone uncomfortable
- Pulling hair or clothes
- "Dirty" jokes, notes, or pictures
- Gestures with the hands or body
- Unwanted touching
- Exclusion
- Rumors
- Inappropriate texts, e-mails, and IMs



The College Community School District is fully committed to providing a welcoming and safe environment. To ensure all students are able to achieve their highest learning potential, the district has expectations for student behavior. As part of these efforts, the Olweus Bullying Prevention Program has been implemented in all buildings.

The College Community Board of Directors has stated in Board Policy 500.10 that bullying will not be tolerated.

### Questions?

#### These people can help:

Building Principal or Facilitator

Matthew Alexander, Learning Supports Coach  
(319) 848-5328x1243

Ali Alldredge, District Volunteer Coordinator  
(319) 848-5224



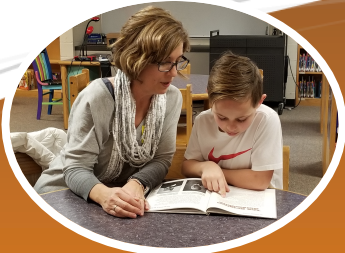
# Bullying & Harassment

A volunteer's guide  
for supporting  
our kids



# What is Bullying?

Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself. This is different from fighting or rough and tumble play.



## Our School's Anti-bullying Rules



We will not bully others.



We will try to help students who are bullied.



We will try to include students who are left out.



If we know that someone is being bullied, we will tell an adult at school and an adult at home.

## What Can I Do?

### If you witness bullying

**First**, in an effort to stop the bullying behavior, support the student who was the target. Emphasize that you are a caring adult in the school.

**Then**, immediately inform a staff member of the bullying behavior so they can follow up with the students involved.



### What to do if you suspect bullying is happening or it is reported to you

If you suspect a student is being bullied or a student comes to you and says they are being bullied, or their friend is being bullied, talk to a teacher or building facilitator immediately. Tell them exactly what the student told you so they can follow up.