

Eligible Expenses under the Medical Flexible Spending Account

Acupuncture	Medical services	Reading glasses
Ambulance	Mileage (\$.23 per mile) (effective 1/1/15)	Special schools for the disabled
Birth control (prescription)	Occlusal guards to prevent teeth grinding	Sterilization
Braille books	Occupational therapy	Transplants
Capital expenses to your home (physician prescribed)	Osteopathy	Treatment for chemical dependency
Chiropractic care	Optometrist fees	Vaccinations
Contact lenses	Orthodontic treatment	Vision care
Contact solutions	Over-the-counter supplies	Weight loss programs for counseling only (physician verification required)
Deductible and co-payments	OTC drugs and medicines require a prescription (see reverse side for examples)	Wheelchairs—includes rental or purchase
Dental fees – exams, fillings, x-rays	Physicians fees	X-ray fees
Dentures	Physicals (Routine)	
Eyeglasses	Physical therapy	
Guide dogs	Prescription drugs	
Hearing aids & batteries	Prosthetics	
Hospital charges	Psychiatric care	
Lab Fees	Psychologists (PhD)	
Laser eye surgery		

Non-Eligible Expenses Under the Medical Flexible Spending Account

Breast pumps	Massage therapy – will NOT be an allowable expense unless for the treatment of an injury or trauma (must include note from medical physician)
Counseling (MSW)	
Cosmetic Surgery/Procedures/Drugs	Maternity clothes
Diaper service	Meals that are not part of in-patient care
Electrolysis	Non-prescription sun glasses
Extended Warranties – i.e. contact lenses and glasses etc.)	Personal use items (face creams, Q-tips, etc.)
Funeral expenses	Teeth bleaching or whitening
Group insurance premiums at your spouse's employer	Vitamins or dietary supplements which do not require a prescription.
Health club dues	Weight loss programs –food –exercise –non prescription weight loss drugs

Over-The-Counter Items That Do NOT Require A Prescription

Bandages and First Aid items
Birth Control (Over The Counter)
Blood Pressure Kits
Canes and Walkers
Contact Lens Solution
"Clear Eyes" types of Solution
Denture Products
Diabetes Testing Supplies
Durable Medical Equipment

Heating Pads
Hot, Cold and Steam Packs
Incontinence Products
Insulin, needles, alcohol swabs
Orthopedic Aids
Pregnancy and Fertility Testing Kits
Splints, Support, Braces
Thermometers

Over-The-Counter Drugs and Medicines That DO Require A Prescription

The following are examples, and do not represent an exhaustive list. In general, any Over-The-Counter drug or medicine, which must be applied, swallowed, inserted, or inhaled requires a prescription.

Acid Controllers
Allergy and Sinus Medication
Antibiotic Products
Anti-gas and Diarrhea Medication
Anti-Itch/Insect Bites
Antiparasite Treatments
Baby Rash Ointments and Creams
Cold, Cough and Flu Medicine

Digestive Aids
Feminine Anti-Fungal/Anti-Itch
Hemorrhoid Medication
Laxatives
Pain Relief (aspirin, Tylenol, etc)
Respiratory Treatments
Sleep Aids/Sedatives
Stomach Remedies